

Spirited Apaches Prepare for Homecoming Festivities

By Minerva Lopez

Football, floats, and of course, school spirit. These are all the ingredients for a successful Homecoming.

For years, schools across the nation have been celebrating this event. But what exactly is the purpose of Homecoming? The basic concept of it is to welcome back former students to the school. Usually, this revolves around a central event, more often, football. It includes other activities, as well. Nogales High School, for example, hosts a bonfire, a pep rally, a parade, Spirit Week, and the coronation of a Homecoming Court.

The entire student body is allowed to participate in this event. Each class builds a float for the parade according to the topic of that year. Themes are also selected for Spirit Week, an occasion in which pupils enthusiastically take part to demonstrate their school spirit. In addition, students come together to elect the Homecoming royalty.

At the end of the week, the bleachers fill with eager spectators as the football team plays one of the most exhilarating games against a rival school. The result of the match then concludes the week-long celebration.

Though initially the objective of Homecoming is to welcome back the alumni, it also serves other purposes. During this week, students rally up to show pride and admiration towards their school. In the end, anyone from the socially awkward freshman to the popular senior will be left with a lingering sense of school spirit.



Sophomores add flowers to the skirt of their float, Rock Band. This year's float theme is video games (see Homecoming Page for related stories) -Photo by Vicky Flores

News Briefs

By Pablo Valencia

Giant rat species discovered

A new species of large rodents measuring 32 inches long and weighing about 3.3 pounds has been discovered in Papua New Guinea.

The creatures were found inside the crater of the inactive volcano Mount Bosavi which is in the Southern Highlands of the province. Although large, the new rodent (named the Bosavi woolly rat) is not the biggest rat species out there. That title goes to the South America native capybara which can be 59 inches long and weigh up to 121 pounds making them look more like small pigs.



Woman arrested for tight pants

Lubna al-Hussein, a Sudanese journalist, was jailed on September 7th for not paying the fine for wearing pants deemed "too tight" and a blouse that was "too sheer".

Hussein was originally issued 40 lashes for her apparel but later her punishment was changed to a simple fine of 500 Sudanese pounds. She, however, chose not to pay in an attempt to have the decency laws of the conservative government declared unconstitutional.

If her verdict isn't overturned, Hussein could face up to a month in jail.

Human fat can save you

A study done at the Stanford University School of Medicine has shown that millions of fat cells removed during liposuction can be turned into induced pluripotent stem cells, or iPS cells.

These cells can be used to regenerate body tissue for organs and repair damage. These stem cells are much less controversial than embryonic stem cells which are obtained by destroying embryos.

It is unsure how the cells would affect someone they were not retrieved from but scientists wish to have a bank that could perhaps store 200 different varieties of iPS cells.

Of rules, regulations and referrals

By Paulina Ibarra

Detention for dancing? No. Suspensions for gum chewing? Of course not. Referrals for dress code violations? You bet.

The Nogales High School faculty, with Mr. Parra at its head, has been making short work of campus ne'er-do-wells since school began this fall, making some teachers happy and leaving some students convinced that the discipline system is much too strict.

The biggest source of complaint should come as no surprise: dress code enforcement.

"I've handled at least fifty referrals so far, and most of them were because of dress code violations," said Mrs. Jimenez, one of the new assistant principals.

The majority of these violations are from boys being untucked. However, that does not go to say that girls breaking the dress code are being overlooked. Any female Apache would be wise to think twice before deciding to wear a spaghetti strap shirt or short shorts to school.

The current dress code has been in place for many years. The initial reason to

have boys tuck in was for safety. Loose, baggy clothing can conceal weapons.

Still, some students believe the tuck-in policy is restrictive and outdated. Most of today's shirt styles are tight fitting and short, making it difficult to conceal a weapon under their shirts, even if they were untucked.

"It's ironic, but the boys wearing huge, baggy shirts that could actually conceal weapons are usually tucked in," said Senior Evelyn. "Besides, if someone's going to conceal a weapon, they're going to hide it somewhere else, not in their clothes."

Not all people on campus are unhappy with the more stringent enforcement of these rules. Some say that campus seems more calm and orderly.

"It is important for students to learn to follow rules," said NHS teacher Mr. Verdugo, "it's a part of growing up."

Others worry that too much time is being wasted on what they view as frivolous concerns.

"I think that for the most part, the reason these dress code referrals are given

are pretty pointless," said NHS junior Jose Duran.

In addition to the many students being written up for dress code infractions, others are being sent to the office with yellow slips in hand for their free responses on the computer program, *Teenbiz3000*, which were deemed inappropriate.

Teenbiz is a computer program used in the Language Arts classes to improve student writing. The program is highly word-sensitive, so innocent words are mistakenly deemed inappropriate. One sophomore was flagged for writing the term "suck up" and another was frozen because he misspelled the word "but", using two t's. Both these issues were resolved, but time was wasted in the process.

"This is ridiculous. They should be concentrating on our education! That's what school is for," said Yamile Diaz.

Actually, administrators point out that students' education is the main focus of this administration. That, and student safety. High Expectations, Accountability, No Excuses!

Students rush to get involved in clubs

When it comes to introducing clubs in about 40 minutes then there is no other way to do it than the Nogales High School way. Club Rush, like no other fun Friday has something to offer to the student body with presentations and demonstrations about what it's all about.

In an effort to encourage students to get involved on campus, Nogales High School Student Council hosted a club rush on Friday, Sept. 17, during lunch. Over a dozen NHS clubs manned booths to provide information about their activities and opportunities their organizations offer.

Clubs represented included some well-known clubs, such as Students Against Destructive Decisions (SADD), Future Business Leaders of America (FBLA), and Drama, as well as some new clubs on campus, like the Fashion and Design Merchandise Club (FADM),

Continued on page 3



Senior Ray Reyes talks to interested students about the MESA Club. Other popular clubs included Drama, FBLA, SADD and FADM.

Take a look inside at our feature "Revenge of the 90's" -pgs. 8-9



Check out the 2009 Royalty in the Homecoming Section -pg. 7

Interested in what the clubs are doing? Find out in Club Beats. -pg. 6

Football movies, moves and more. -pg. 16



Campus

Students take the challenge at StuCo Retreat

Ryan Thomson

Nestled away in the beautiful forests of Prescott is Chapel Rock, where thirteen Student Council members spent two days learning fundamental leadership and teamwork skills for the future, which included experiencing the challenging rocks and ropes course.

Departing school at 8am, thirteen NHS students made their way up to the Student Council Retreat. Upon arrival, after a quick game of volleyball, the students got to work in a workshop lead by ASU Student Government leaders Gerald Bohulano and Alec Thomson, spending the evening doing activities like

planning future fundraisers and learning how Student Counsel worked at a college level. To break the ice and build team work, the group played games, sang songs and told interesting stories about themselves.

"All the games were great. I could tell that everyone got to know each other better and became closer as a group. Alec and Gerald did a great job of leading everyone as well," said Josh Wodka, Student Body Secretary and NHS senior.

After hours of educational fun, the group went off and ate a delicious meal provided by the camp.

Bright and early the next day, StuCo members rose and began what was both the most fun and the most frightening of all the activities they would do, the Chapel Rock High Ropes Course. The first challenge the kids traversed was the 50-foot rock wall. As hard as it was normally, the challenge was increased when a few daredevils chose to climb the perilous wall blindfolded.

"It was extremely stressful because you couldn't see where the rocks were to hold on to," said NHS sophomore Jullisa Sanchez.

As frightening and dangerous as it may seem, every climber was safely hooked into harnesses, ropes, pulleys, and all sorts of safety equipment capable of holding an entire car. After climbing the wall, you were hooked on to another set of wires, jumped off the platform, and rode your way down the massive zip line, given the option to go upside-down.



"It was like flying, I had so much fun," said NHS Sophomore Class President Manuel Felix.

After meeting the first challenges, the students found that the next event was even more intense... climbing 60 feet up a tree with a partner and edging your way across a log 50 feet in the air. The final activity was balancing across a tight rope like wire while supporting your self with a series of ropes.

"It was so scary, but also a thrill," said NHS sophomore Danika Navarro. "When it was all over I felt like I really accomplished something."

It was a nerve-wrecking but extremely fun day for the 14 stuco members, but it was well worth the scare.

Top photo, Danika Navarro and Jullisa Sanchez work together as a team on the high beam; left, Sanchez scales rock wall; right, a little Spiderman action

After washing up, they ate a prompt lunch and the dining lodge and departed back to Nogales.

All in all, the weekend was an exciting, fun, and frightening weekend for all that went, including Ms. Thomson who did all the activities along with her pupils. The retreat was just what it was planned to be, and educational team building adventure for all.



Officer Leadership Camp

By Pete Vela

"Interactive and fun" these two words defined FBLA's most recent trip to Heber Arizona where Officer Leadership Camp took place. Our officers left for the trip Monday at six a.m. and returned Tuesday at five p.m., and the camp was said to be a 24 hour experience of pure leadership.

Our chapters officers who attended the event were Czarina Nafarrate, Victoria Robles, Marisol Luna, Claudia Mavis, Crystal Soto, Travis Jones, Alexis Kramer, and Aaron Wodka. They were involved in many workshops and activities that helped them build skills such as team building, decision making, and leadership.

Not only did they just build these skills, they also had the opportunity to become familiar with the other officers around Arizona and plan for events taking place throughout the year.

The next trip FBLA will be taking will be the Fall Leadership Conference November sixth at The phoenix Convention Center. If this trip is anything close to Officer Leadership Camp, FBLA is going to have a great year!

The Pride of Nogales

By Susana Valenzuela

No other way to get your school spirit high then to sing along with the Nogales High School Fight Song. But come on, admit it, half of the student body doesn't know the words to it. The Nogales High School Marching Band plays it loud and proud.

Not a believer? Make sure to tune in as the Pride of Nogales High

School Marching Band perform pregame and half time this homecoming Friday. And just to get a taste of their outstanding enthusiasm, listen to them during the Homecoming Parade. The band will be playing "Arizona Band Yells," and the Nogales "Fight Song."

Not only with the band be busy this homecoming day, but they still have a competition tomorrow, October 10, at the CDO Inventionational

"We expect to qualify there for the State Marching Festival, which will be held on Nov. 7," said Director of Bands, Mr. Cochran.

The Pride of Nogales has a rather unique show, "Journey to Discovery," which is based on concert music called, "Wilderness Scenes," by Michael Sweeny and Robert Sanchez. The band was lucky to have this piece made into a marching drill, specifically made for the band. This was done on the concept of band director, Randy Cochran, and drill expert, McKeeny Dayhill.

"I think this band has an excellent chance of making state, because the band is a good band, and the show is a good show," said Mr. Cochran.

Hopes are set high for this weekend, the band aiming for an "Excellent." Whatever the outcome, The Pride of Nogales will still make Nogales proud.

New freshman crew takes charge

By Tania Martinez and Minerva Lopez

Nogales High School's class of 2013 has newly elected leaders. This group of freshman officials holds promise for the future.

"I will make sure that class of 2013 can overcome any obstacles that it may face," said Joey Garcia, president.

Most of the officers have participated in student government in the past. Treasurer, Priscilla Jayassi, who is in charge of collecting and managing the money, has held a position as treasurer before. Yemille Medina, secretary, joined StuCo in order to participate in fundraising. This year's officers show confidence in their skills and demonstrate that they are right for their positions.

"I am a proven leader with integrity and vision," said senator, Will Morton.

As for vice president Ilse Rodriguez, she says that she plans on being there for anything her classmates might need.

The freshmen officers will have to make difficult decisions throughout the year. Hopefully, they will be able to accomplish what they promised.



The freshman class officers ready to bring in a great year, with Senate Billy Mortan, Secretary Yemille Medina, Treasurer Priscilla Jayassi, and President Joey Garcia.

Campus

Administration Sweeps Campus

By Tania Martinez

As the first quarter of the 2009-2010 comes to a close, what were once confused freshmen are now savvy high school students. They are learning the ropes, learning the rules, and even breaking some of them.

The rules this year are strict, there's no question about it, but they are basically the same as last years, and topping off the list is...get to class on time. Yes, being tardy is still problem, and the new administration is planning to address it in various ways. If a student is tardy for 1st or 2nd period, they must get a pass from the office to get into class.

Another method the administration has begun is conducting sweeps. According to Mrs. Bonillas, assistant principal, a sweep will limit the number of tardies by having teachers lock their doors. Students that are tardy are taken to an area where they will sit and be punished. It is not known how often this will take place, but we have already had one sweep this year and it seems to have helped the problem. Still, some students think it is unfair.

"Well, that is unfair because it's not always our fault that we're tardy," said NHS student Alexis Arellano.

If you're a guy and don't like to tuck in, you probably hear security say, "Tuck it in," all day long. Students who don't comply with this dress code regulation and are caught by security will be written down. The second time they are caught they will get a referral.

"They are strict when it comes to tucking in," said Oscar Briseño.

Finally, students should know by now that cell phones or other electronics devices, such as iPod's and PSP's will be taken away for five days. Cell phones may be carried on campus but they must be turned off!

So the best way to stay out of trouble is to learn the rules and follow them, or suffer the consequences.

Who is Mr. Parra?

By Tathyanna Ruedaflores

Everyone knows Nogales High School's new principal, Mr. Parra. Although he might seem serious and contemplative, he has a whole different side to him. Here are some fun facts:

1. Parra was born in Nogales and loves to live here
2. He is a class of '86 graduate
3. Attended U of A and got his masters at NAU
4. Has three children, all boys
5. Has been in the education field for 17 years under many titles, such as: teacher, assistant principal, athletic director and principal.
6. Mr. Parra has been a football and basketball coach
7. Was an honors coordinator
8. The principal likes organization and structure
9. He admires people who are responsible
10. His favorite color is blue
11. He collects antiques
12. His favorite foods are steak and seafood
13. Believes Red Lobster is the best restaurant
14. Enjoys reading
15. Loves sports
16. He doesn't miss Monday Night Football
17. His favorite candy is chocolate, preferably Almond Joy
18. Constantly buys lottery tickets
19. He loves animals, especially dogs, chickens, fish, and birds
20. Home Depot gift cards are his ideal gift

You might want to write some of these down. You never know when an Almond joy, a trip to Red Lobster or a home depot gift card just might save your life.

Club Rush

Continued from page 1

Junior Satatesmen of America (JSA), and the Equestrian Club.

"Club Rush was a huge success, and many freshman and other upper-class man took advantage of the great opportunities they had to offer" said Student Body President Dari Trujillo.



Wanted:
2 rabbits, 1 male
and one female.

See Ms. Pallela in rm.H-11

The club with skills

By AwesomeBob SquarePants

The skills club sponsored by Ms. Reyes, will be starting a skills club sometime this week. There will be two stores, one located in Q1, and one in the library. Skills club will also be raising money to give away two scholarships to this year's seniors.

Mariachi Apache perform for AZ Cardinals

The Nogales High School Mariachi has worked hard this year and performed for the Arizona Cardinals during their halftime show.

The game was on September 27th and they played proudly alongside the Mariachis from Choya, Pueblo and the U of A. The performance was meant to celebrate Hispanic Heritage month and was a sold out game.

"It was very exciting because we had never had such a big opportunity," said Mariachi President Veronica Guillen.

The mariachi has faced large audiences before. Three weeks before the Cardinal game, they played at the U of A v. Flagstaff game where about 50,000 people attended. This performance was what got the attention of the Cardinal Management who then talked to them about playing at their halftime show.

"This was a good experience for them and was also very hard on them," said director Gilbert Velez, "The school should be proud of them, they put a lot of effort into it and had a large audience."

No doubt this performance will be great preparation for the trip to Orlando, Florida they plan to take for a national Mariachi conference this coming June.

New sponsor for National Honor Society

By Czarina Nafarrate

In the past few years it seems National Honor Society couldn't keep a sponsor for long; this year it's no different. This organization has yet again, had a change of sponsor, and this year Mr. Neil Krug is at the helm. Former sponsors, Ms. Judy Moreno and Ms. Linda Bayless weren't able to support National Honor Society this year due to lack of time.

"I loved being a sponsor, but time is very limited for me this year," said Moreno.

Already the sponsor for Science Club, Mr. Krug decided to try something different and volunteered to take care of National Honor Society. He says they are already working hard on applications, induction, and planning for the rest of the year.

Mr. Krug is very happy to see the number of students who qualify as NHS invitees, but would like to see only the most deserving make the cut. He truly believes members must be honest, diligent, and involved in their community. The club has already had a couple of meetings and it seems like Mr. Krug and the members are getting along.



Mr. Krug, happy to sponsor NHS

Parra's Point

By Robert Johnson

A new year has begun with a brand new administration. The WarCry is proud to present, Parra's Point! From Mr. Parra to you!



Mr. Parra himself

-No Public Display of Affection! Respect yourself, your dignity and your family. Be respectful of the people around you.

-Do not blame others for your actions and mistakes.
-Do your best because it is expected; because you want to be better tomorrow than today. You always want improve in all aspects of your life.

-Do not create negative cliques

-When you start something- Finish it

-Communicate with everyone. Including those that are different than you. We are all unique in many ways.

-Do not criticize or make fun of others.

-Be honest

-Be persistent. Trust yourself

-Do the RIGHT THING- Even when no one is looking.....

So there it is! He may be new, but he knows best.



Red
Cross
Blood
Drive

Where: NHS Gym

When: October 20th

See Ms. Thomson, in L-3 for more details, and obtaining a permission form

Trashtalkers all around

By Lilia Moncada

Trash on the ground has started to become an issue here at Nogales High School, and the people who notice this just don't seem to care.

During lunchtime there are carts placed throughout the school selling chips, candy, and other popular snacks. Most people who buy these, though, just leave the wrappers lying around on the ground, knowing the custodians will pick up after them. Well, they shouldn't. Teens here should not be treated like little kids and be picked up after. They should be responsible enough to pick up their own trash and throw it in the garbage bins provided.

What's worse is when people on campus become

hypocritical and talk about recycling and picking up trash, but when the moment comes, they don't really do anything. They see cans lying around and leave them there saying things like "It's not mine," or "I'm not the one who dropped it!" That's true, you might not have been the one who left it there; but it really wouldn't kill you to bend down and pick it up.

NHS is already a beautiful school, and when visitor teams come here for a game, they should be able to notice how clean the Apaches keep their campus. It would make our school grounds even more scenic. So don't just talk about picking it up, follow through and do the action!

Jeez, get a room, Apaches!

By Victoria Flores

'XOXO.' Sweet and loving is what an elementary student would say, but for us teenagers, hugs and kisses are being taken to the next level.

Public Display of Affection, or PDA, has been an ongoing issue for years. School administration has held teacher, staff and school board meetings to address this dilemma. Yes, security and teachers tend to put an end to any physical contact, other than hugging and holding hands, but they are late most of the time. All they manage to do is reduce a six-minute make-out session to a four-minute make-out session.

Nogales High School couples should show a little more respect to their classmates and less affection to their partner during school.

"It's disgusting. People shouldn't do that at school," said Paloma Mayer, a sophomore at NHS.

Couples should do their own things at their own time and privately, please. There is a time and place for endearment and school is not one of them.

There are just as many students, possibly more, who do not mind public display of affection as those who do.

"It doesn't matter, it's nobody else's business," said Nogales High School junior Kevin Neumann. "Just ignore them."

But how is it possible to avoid a pair of students, attached like bubble-gum and exchanging saliva? Not to mention the disturbing sounds coming from their so-called 'affection'.

This is an educational building, not a dating scene. As much as teachers and other NHS staff try to avoid it, it seems as if there is and always will be love flowing through the Nogales High School's air vent.



A typical sight on NHS campus.



"So...What class is this, again?"

What class *am* I taking?

By Ryan Thomson

Is today SET time or Advisory? And did I register for Home Ec, or was it cooking, or Culinary Arts?

It seems every year the names of classes, activities and job titles changes. Poms are now the Dance Team, and Flags are now The Guard. Will the band become known as The Marching Brigade next year, and the football team The Ball Passing and Receiving Unit?

What is the purpose of these changes? Do the powers above have nothing better to do than change names as quickly as Home Depot changes prices?

Perhaps it is being done to make members of certain groups feel more powerful or elite. Maybe Woods or Shop was just too common, so it had to become Building Construction to make it seem more important (over-compensating?). I doubt if I take Building Construction, or whatever they decide to call it next year, I will be making a building.

Whatever the reason I feel that it is just a waste of time. English class is English class...period. If it was Language Arts then we should be drawing pictures of people speaking different languages. And Culinary Arts should be painting, well, culinaries.

And job titles? Sanitation Engineers most likely don't have a degree in Engineering and Customer Service Representatives rarely seem to represent the customer.

All these lingual shifts do is confuse students (and possibly even some adults) "Am I in ESL, ELL, LEP ABCDEFG?" Who knows? All I know is that when I register for The Theory of Knowledge I hope I don't end up shelving books in the library.

Mr. Crispy Review

By Pete Vela

Looking for a good piece of fried chicken? Well, look no further, Mr. Crispy offers home-style cooking with the traditional fast food atmosphere. The food is reasonably priced and delicious. In fact, Mr. Crispy's menu is far more appetizing than Church's or KFC. It also has a wider variety in food selection, ranging from fried chicken to papas or even breaded shrimp.

The fried chicken isn't too dry like KFC or too greasy like Church's, but instead it is juicy and tender with a perfect blend of spices to make anyone's mouth water. The service is very friendly, welcoming, and quick, so you may enjoy your meal in a peaceful environment with your family without the hassle of waiting in line for a long period of time. So next time you want to taste the fried side, think twice about where you'll get your chicken. It will be worth it.



Letters to the Editor

Dear Editor,

It goes without saying that many people here at Nogales High School enjoy football games, and respect the football team. However, it is quite the disappointment to see that the same people who exalt the team lack respect for the Pride of Nogales Marching Band. Especially when it's someone from the football team itself.

Something needs to be done about this. The band is just as athletic as it is musically inclined, and people need to understand that. We already have enough on our plates as it is without people patronizing us for being 'band geeks'.

- Carlos Tavares

Dear Editor,

Food given by the school to students is bad. Does anybody else agree? All the food seems to have been stored in a freezer for at least five years, and then cooked and served. I know the school administration tries to prevent students from becoming fat, but I think this is mostly accomplished by their self will.

- Samuel Lopez

Dear Editor,

I think that our lunch hour should be extended so that it is the same length of time as our classes.

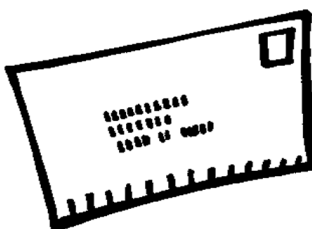
- Sumara Martinez

Dear Editor,

Temperamental and crazy are two words that described me once the 6th period bell rang. I would get in the car and if I wasn't yelling about some problem I had, I would be talking complete nonsense to my mom. Peace was definitely not in my vocabulary.

When I heard about the yoga meetings at school, I decided to try something new so I joined. At first I didn't believe that the meditation really worked and I thought that there was no point in doing it. But after the first few days, I gave a complete change and I noticed that my problems didn't get the best of me anymore. If there is something that yoga really helps you at, it is to find complete peace and happiness with yourself.

- Raquel Guillen



Point/Counter Point: Firearm Safety

Bang, bang...

By Susana Valenzuela

Gun safety, should it be enforced, or left alone? Today ignorance will answer neither. The need of a firearm is reasonable; nowadays one can't expect a perfect world with no robbers, kidnappers, and depressed lunatics. The Second Amendment's original intent and purpose was to preserve and insure the rights of individuals to keep and bear arms. Certainly there is no problem with this.

The issue is however, are you really safe with a gun at home? The number of unintended deaths from firearms declined 80 percent from 1997 to 2007, due to gun safety rallies and campaigns. Most unintended firearms related deaths among children of 4-15 occur in or around the home, 50 percent at the home of the victim, and 40 percent at the home of a friend or relative. Most accidental shooting among children and preteens occur in the late afternoon on the weekend, during summer months, and holiday season, when there is no parent supervision.

These incidents are not going to decrease anytime soon, so either learn how be safe, or don't have one at all. Support gun safety, because one tiny



You cant look away from this situation.....

watch helplessly while a criminal breaks into your home and harms your family? Owning a firearm is more than just a privilege, it is the right to protect yourself, your family, your property, and most importantly your liberty.

If our founding fathers understood why guns should be legal, why cant we?

The right to a firearm

By Pete Vela

Self-defense is the main purpose of firearms, hunting and target shooting are secondary. If people have the right to defend themselves, they have the right to choose the most efficient method, which would be with a gun. The American founding fathers understood that people have the right to defend their life, liberty, and property, established in our Constitution by the second amendment. The second amendment gives every American the right to a firearm. If you do not want to own or carry a gun, you do not have to, but it is a right that cannot be legally broken, even by the government.

If the government wants to cut down on gun violence, they shouldn't take away our rights as Americans, but slightly modify them instead. For example, the government should not allow permits to be given to just anyone, they should run a background check and make sure the individual has proper training with a firearm. All the government has to do to lower gun violence is become stricter, not revoke our rights.

If firearms are outlawed, then only criminals will be able to obtain them.

What will you do then? Just sit in the corner, watch helplessly while a criminal breaks into your home and harms your family? Owning a firearm is more than just a privilege, it is the right to protect yourself, your family, your property, and most importantly your liberty.

Obesity in schools

By Norma Suarez

The United States is home to the largest percentage of obese people in the world. Luckily, schools across America are doing something to help fight this "growing" trend by serving healthier food. Unfortunately, some studetns feel like they are being deprived and punished.

School districts all over the U.S. are not trying to hurt their students, but want to keep them from becoming overweight (if they are not already) so that the amount of obese people can go down. There are also many health issues people are at risk for because of the food Americans typically eat.

Some states are already working on getting kids more active. Places like Tennessee and Mississippi require the young students to take physical education because of the obesity problem. They also teach them how to eat healthy and make better choices.

Some students are upset about the whole situation with taking away the school's vending machines, but even though people are taking away the machines there are still a lot of good food that students still enjoy. For example at NHS they still sell iced teas, pop tarts, slushy's, candy, chips, ect. This gives a good percent of student's food they still eat and enjoy.

The lockers issue rears its ugly head

By Erika Dominguez

It is unfortunate that most Nogales High School students don't have lockers to store books. For this reason, they have been obligated to carry all their texts with them.

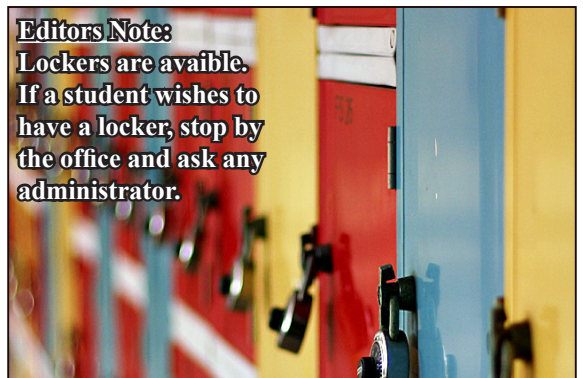
Since no students are allowed in the parking lot during school hours, they are not permitted to store books in their cars either. Also, they are not supposed to keep them in the teachers' classes.

I understand that the current administration did not cause this problem, but they should do more to help us. In a situation like this, it is reasonable that students should be allowed to keep books in their cars, in classes, or in lockers. Books are very, very heavy. Many students have complained of bruising on the shoulders and pains on their neck. This has caused frequent visits to the doctor and poor attendance at school.

If kids don't carry them then they will leave them at home and just share them. This leads to the possibility of theft or lost books, affecting parents for the cost of the books and the school for the replacement.

This can possibly damage the schools

integrity if parents decide to complain for injuries. It is injustice to have to spend a whole year without lockers. As it is, students are undergoing more pressure to succeed in classes, just imagine with a bad back. Some students are looking for the way just to pass the class than, to take a class that requires to books. Say good-bye to achy breaky backs. Let them turn sixty with no bad backs!



Editors Note:
Lockers are available. If a student wishes to have a locker, stop by the office and ask any administrator.

So, criminals get elbow room, but students don't?

By Tathyanna Ruedaflores

The city of Nogales is spending tons of money on a new jail when they should be spending this amount of money on a new elementary school. Our elementary schools are swarmed with children.

Elementary schools here in Nogales have all at least four classes per grade. The exception is Robert M. Bracker and Mary Welty Elementary School which only have two classes per grade.

According to a Bracker elementary school teacher, Ms. Benitez, there has been a noticeable augmentation in the student population. There had to be an extra class added for the incoming kindergarten class.

"Two years ago the most students we had per class was 24, now the minimum we get are 25 students per class," Benitez said.

Bracker isn't the only school with an increase in their students. Francisco Vasquez de Coronado

Elementary School has been invaded by children. They are looking for their fifth teacher on certain grades like kindergarten and third grade.

Coronado's fourth and fifth graders are in such abundance that besides having four classrooms each, they have to share a classroom. Fourth and fifth graders all crumbled up in one little room. Why do our prisoners get suite rooms all to themselves and our children are all packed up like sardines? Our county officials seem to care more about how well accommodated our prisoners are than how much air our kids are left to breathe with.

It is evident that the city of Nogales needs a new elementary school over a new jail. It is ridiculous that instead of building that we really need they are building a prison to suit 500 people when the most we ever had was 180.

Well at least Nogales will become more interesting. You'll never know when a criminal will be on the loose. Round up!

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Ruth Portela

Tathyanna Ruedaflores

Norma Suarez

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Activities you might be interested in!

FADM

By Stephanie Borboa

Room D1: a room you've probably never been in, but if you took the time to open the door and take a peek inside, you would find a room full of hard-work, creativity and passion. That's right! The fashion and design merchandise club, better known as FADM, is the new chic thing on campus.

Mrs. Reyes-Carrera, the sponsor of the club, has limited membership to current and previous fashion students.

The club President is Kyannah Rodriguez, Vice President Victoria Lindly, Secretary Marla Rodriguez and Treasurer Stephanie Borboa.

"I'm looking forward to seeing everyone's creativity and how far they can take their imagination," said Kyannah Rodriguez.

It is expected for the members to gain leadership, communication skills, retail and overall knowledge of merchandise and design.



FADM Club is ready to shine!

The members meet every Monday during lunch to discuss fundraisers and plan for this year's various field trips. These consist of attending fashion shows and visiting fashion schools.

"I'm really excited about the girls. It's going to be a fun year," said Mrs. Reyes-Carrera.

NHS Marching Band

By Alec Damiano

The Pride of Nogales Marching Band is currently preparing for five football games and three competitions. Their first band festival will take place on October 3 at the University of Arizona. The band meets on Mondays, Tuesdays, and Thursdays from 5:30 to 8:30 PM. For more information, contact Mr. Cochran in room F-3.

Z Club

By Karo Peraza

Z Club, an out of school club, has recently begun its new year, welcoming about 15 fresh faces and old members as well. Their first meeting was held on August 22nd at Platicamos Salud, discussing what the club is about. No new members will be allowed any longer.

The Politics Club

By Minerva Lopez

If you are looking for a fresh, new experience in the world of extracurricular activities, the Politics Club is for you. Sponsored by Mr. Thomson, this organization's objective is to increase a student's passion about politics. It will also encourage members to value the importance of education and contribute to their community.

"It's not what your school does for you, it's what you do for your school," said Daniela Lopez, president.

Meetings will be held Mondays, after school in A3.

SADD

By Vanessa Garcia

The SADD (Students Against Destructive Decisions) Club's purpose is to create awareness of destructive decisions that might lead to negative consequences. SADD is looking for more students to join. They are looking forward to conferences, but they're still not certain on where or when they will take place. Their meeting is held every Tuesday after school in J2, Ms. Perez-Abreu's class.

Student Council

By Erika Dominguez

Interested in a club that is involved in all levels of student activities? Then Student Council is the one for you! Everyone is welcome to attend meetings on Thursdays during lunch in POD 2.

Student Council is the governing body for all school clubs, organizes and runs many spirit activities and coordinates a variety of community service events, such as the Red Cross Blood Drives and the recycling project.

Student's voices are heard through the political panel of their student body officers, and represented by their class senator in the school senate.

Any concerns are discussed for the benefit of the Nogales High School students. Among these concerns are fundraising and class activities that will occur during the school year. One of the most important activities run by Student council is just around the corner... Homecoming!

Student council is working hard to develop exciting and meaningful activities for the students at NHS, so get involved today!

Class of 2010

By Juan Corella

The class of 2010 came, saw, and conquered! With bright red shirts, they rule the school and have already decided on their float theme: Super Mario. They might also be deciding on new class shirts. Seniors are ready for anything that comes their way.

Key Club

By Ruth Portela

Key Club is an international organization where students learn to cooperate, build character, and develop leadership. Joining this club prepares you to be a helpful citizen and establish justice in our community.

This club is a part of the many activities offered at Nogales High School and is sponsored by, English teacher, Mrs. Vladimirova. Key Club provides tutoring Mondays, Tuesdays and Thursdays to anyone and anytime. They also offer help throughout the community for example helping elementary schools' student council. Meetings are held on Mondays at 11:45 am during lunch in room H4.

FBLA

By Peter Vela

Do you know what FBLA means? To some it just stands for Future Business Leaders of America, but to others it's an organization that helps students make that transition into the business world. FBLA has just begun the year with a weekly meeting that takes place at lunch in every Tuesday, membership forms are still available. For further information please contact Ms. Mendoza in the A building.



FBLA at Club Rush.

A-4

Chess Team

By Minerva Lopez

Strategy and skill is what it takes to succeed in Nogales High School's chess team. The team is back and ready to take its opponents by full force. The first tournament will be held September 19 in the NHS cafeteria. The team meets everyday in the auditorium after school.



Sportsman club

By Evelyn Casas

If hiking, camping and exploring is for you, then why not join the sportsmen club? They go to beautiful places like Bisbee, Mount Lemon and the Grand Canyon to spend time outdoors and enjoy nature. They go on wonderful trips two times a month.

History teacher, Mr. Gonzales is the sponsor of this club. They meet in room J1.

Class of 2011

By Pablo Valencia

The junior class of 2011 has decided on Pac-Man for their float theme. Their class motto will be "We are the ones" and their colors are black and silver.

Class of 2012

By Ryan Thomson

The sophomores are halfway through designing their class shirts. The color has been decided: light green. The shirt slogan will be, "Sophomores off the wall". For more information on the class of 2012, contact sponsor, Liz Thomson, in room L2.

Class of 2013

By Jessica Gonzalez

Freshman, better known as freshmeat, have finally decided on blue as their class color. They are holding a contest on the design for their class shirts. The contest will be judged by the freshman sponsor, Ms. Hatfield. She believes that this year's freshman are filled with creative ideas, uniqueness, and could make the shirts really show their pride.

National Honors Society

By Victoria Flores

An average of a 3.5 GPA sounds a bit difficult, doesn't it? Not for National Honors Society members! The National Honors Society held its first meeting September 2nd with its new sponsor, Mr. Krug. Meetings are held every Wednesday during lunch in C-7.

Toss those flags high!

By Susana Valenzuela

From three hour practices, to six foot flag poles smacking your head, the Nogales High School Guard (or usually referred to as Flags) are busy preparing for their first event at the University of Arizona on October 3rd. The NHS Guard along with The Pride of Nogales Marching Band and Dance Team will attend this festival. They hope to earn at least an "Excellent," in order to qualify for State Band Competition. "Keep the hard work up girls," said captain Stephanie Benavides.

Photo by Robert Zibetera

Homecoming

Homecoming Royalty

By Stephanie Borboa

Get ready, get set, HOMECOMING! The highly anticipated and exciting event of high school that everyone's been waiting for is finally here. Spirit week, floats, the parade, football game and, of course, homecoming royalty!

Last week, those who were nominated for homecoming royalty got narrowed down to the winners thanks to those students who voted.

For Freshmen class royalty, our prince and princess are Salvador Gurrola and Ilse Rodriguez. Salvador's favorite sport is soccer and he plays the guitar. He was surprised to have won the nomination. Ilse loves to dance and she plays the guitar as well, and like Gurrola she was surprised to win.

For Sophomores, we have Paloma Meyer and Kevin Buelna. Meyer spends her spare time eating, sleeping or doing teenbiz. She loves to dance and has been a dancer since second grade.

"I think this will be the highlight of my sophomore year!" Meyer said.

Buelna is a soccer player and has been playing since he can remember. He felt surprised to have won for prince

"If I were royalty for a day, I would spend all the money I could in one day!" Gilberto said.

He's our prince for the class of 2011, along with princess, Susana Valenzuela. He likes to exercise and play soccer. Susana, better known as Sushi, is part of the NHS band and is also on the guard.

"My favorite things to do are anything that keeps me active," Sushi said.

Finally, the Class of 2010s royalty are Baltazar Valencia, Suzette Cota, Kevin Rosas, and Valerie Lopez.

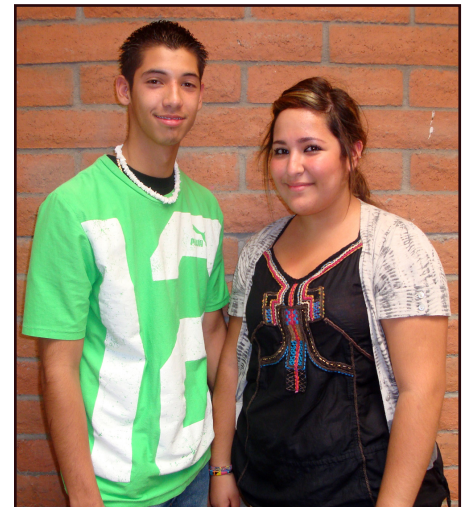
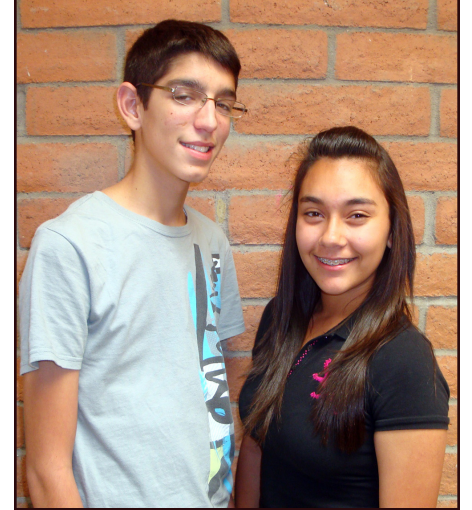
Suzette is thrilled to be part of this experience her senior year.

"This is just as good as the icing on top of a fantastic cake!" Cota said.

Cota's favorite game is Donkey Kong Country for Super Nintendo. For Balta this was an exciting moment. He felt honored his peers voted for him for royalty. His question was, if he could have any eye color what would it be and he said purple, if it were possible! He also mentioned he LOVES NHS!

Kevin Rosas also won for Senior royalty. He feels pretty good and it was completely unexpected to him. He didn't know he was on the ballot. If he was a girl what sport would he play? His answer was that he'd be a pom!

The royalty will be presented at the halftime ceremonies during tonight's game against Sahuaro. Congratulations Royalty and Good Luck to the team players.



Top, clockwise: Entire royalty, Sophomores Kevin Buelna and Paloma Mayer, Freshmen Salvador Gurrola and Ilse Rodriguez, Juniors Susana Valenzuela and Gilberto Castro, and Seniors Balta Valencia, Valerie Lopez, Suzie Cota, and Kevin Rosas.

Apaches bringing in Spirit

By Tanya Martinez

This week students on the Nogales High School campus took a break from the ordinary and donned college t-shirts, cowboy hats and wicked joker grins to celebrate Spirit Week.

Themes for spirit week were chosen by Student Council and are as follows: Monday was ASU, NAU, UofA Day; Tuesday students dressed like Cowboys and Indians; Wednesday Heroes and Villains roamed campus; Thursday was the day for class rivalry when students proudly wore their Class T-Shirts, and Friday was the day to show your Apache Pride by wearing school colors.

As usual, students had to adhere to the dress code and were not allowed to bring authentic-looking weapons.

Student Council also spent the week entertaining the students during lunch by hosting various activities and selling goodies. On Monday the freshmen sold rootbeer floats. The sophomores took over Tuesday and had a roping contest...yeehaw! The junior class sold t-shirts on Wednesday, and the seniors sold Tostitos on Thursday.

Spirit week was just the beginning for our school to celebrate and wish our football team the best in the game everyone has been anticipating.



Above, Apache heroes and villains show their spirit. Left, Seniors work together with their parents building their float, Mario Cart.

Missing Coil? Not so fast

By Stephanie Borboa

This year has started simple and calm without those funny jokes we were used to from our very own Ms. Coil, who retired last year after working for the district for over 20 years.

But all who miss her will get a chance to be with her again, as she has been selected as the 2009 Homecoming Grand Marshall and will be leading the parade. "I'm extremely honored!" Ms. Coil said.

For those of you who don't know her, Ms. Jean Coil was a PE teacher and coach at NHS. She won Arizona Coach of the Year and led the Apache basketball team to numerous titles. In PE, Coil taught tennis and weights. She was very funny and loved to tease the children on campus.

She says she misses some of the teachers in the school and teasing her girls, but is enjoying not waking up so early in the mornings. Since NHS was a huge part of her life, she comes here every Friday to have lunch with some of her old friends and see her kids. Coil hasn't been just retired doing nothing, though. She is out there working out in her spare time and mainly doing whatever she wants whenever she wants.

Just to let you know, she didn't have to retire, but she was ready to take some time off after all those years of coaching.

"I've done my years, I've done my work, and so I decided, why not?" Coil said. She will always remember those fun and unforgettable times she had at the school.

Right now she said that if she could be anything in the world she'd be a well cared, spoiled dog. Why not? And her favorite Jonas Brother is Joe Jonas!

We sure miss Coil and are very excited to welcome her at Homecoming.

An ode to hideous trends; the 90's

By Erika German

Tapered purple pants, mix-matched socks and crazy pigtails are what made fashion in the 90's. The fashion was described as bold, accessorized and bright. Over the top accessories, clothes that were simply too big for one, and your typical "boy band, I want to look cool" looks, are what defined the 90's and it's so called "style".

Bright colored eye shadows and big gold bangle bracelets were incredibly stylish along with flannel shirts and scrunched down mix matched socks. Hair was preferred to be a straight, old fashion bob. In the late 90's, a formal/party outfit would consist of extremely short skirts and bright baby doll shirts. For casual wear, girls would sport bellbottoms and squishy huge flip-flops. Boys would wear thinner, straight, form fitting jeans with opened button down long shirts. K-swiss and nike were the shoe brands worn most in the 90's along with converse and vans which are still very much in style today.

"The late 90's fashion sort of merged into the 2000's fashion." said Ms. Hatfield.

Fashion has changed in some aspects over the years, but always seems to show up again years later. Various colored pants are worn again and high waisted skirts. Converse and vans are still worn today and are totally in style. Our fashion now is influenced by the 90's fashion. This fashion generation has brought back old trends and made them a new modern fashion.



Grunge, Rap and Pop, oh my!

By Ruth Portela

The Flaming Lips, PJ Harvey and many other artists from back then weren't so bad. You still see people from now bopping and dancing to this music. Some say it's still too soon to tell if the 90's was the worst period of music, but until it's a proven fact, we can greatly appreciate those catchy tunes.

Going back to the Beastie Boys, Guns N' Roses, and MC Hammer, attracted many music listeners. Even though you wouldn't want to dance to this music, it automatically makes you move.

According to research, one of the most popular bands of the 90's was Nirvana. You still hear them today.

Pearl Jam, System of a Down, Oasis, Slip Knot (etc.) were very great and famous bands, and still are. The beat and sound of this music is nothing compared to what is heard now. Some music was just for relaxation and others for head banging! But either way, it was liked. Yes, there was annoying

and catchy songs such as: "Wannabe," by Spice Girls, "Barbie Girl," by Aqua, "Boom Shakalaka," by Apache Chief and others. These songs were the ones that got stuck in your head and it took a while to get them out!

Music from then and now is very different and more into today's style.

"So glad for that," said NHS sophomore Elizabeth Ramos.

They contrast in so many ways. Music from now is a tad more fun to sing along with and it won't get stuck in your head. But you can't disagree; the 90's music was great for dancing and busting a move every now and then.



The best of the film industry

By Vanessa Garcia

The 90's was the decade that made many movies we consider classic today. Some of the hit movies include: Terminator 2 (91), Jurassic Park (93), Independence Day (96), Titanic (98), and The Lion King (98). Those movies hit it big on the box office but how much money did they make and which is the biggest movie of them all?

Movies like Independence Day and Terminator 2 wowed audiences. They both won greatest Sci-fi and movie of the year of their release. The production budget for Terminator 2 was about 102 million dollars.

It also won for best production and sound of the year. Independence Day won for best thriller and best actor of the year. It also won an award for best music and best writer.

The Lion King grossed 26 million dollars during its first two weeks and finished with 30 million. The movie won for best original dramatic score and best music. The movie also got an award for Best Art Direction and Best Actress in a Leading Role. The



movie was also an inspiration for other Disney movies and many Broadway shows.

Jurassic Park was produced by Steven Spielberg, won 3 academy awards. It also ran for 15 nomination and 19 wins. It also won for Best Visual effects and Best Sound.

But un-arguably Titanic is the best movie of the 90's. It estimated \$250 million on purchase and rentals. On the movie the first six days of its release. The movie made more than twenty-three million copies. It won an academy award for Best Original Song, Best Actress in a Leading Role, Best

Sound and Best Visual Effect. The movie was long but great, it is also the only good movie Leonardo DiCaprio ever starred in.

All of these movies became classics and will remain in everyone's heart and memories for the times to come.

They used to shine bright and have slowly faded to nothingness

By Alfonso Villarreal

The 90's were a time loaded with stars of every sort; from movies to TV, to music, there was never a lack of celebrities in Hollywood.

Various hit movies came out during this time period, and with that, stars were made. Some of the most popular actors and actresses of the 90's were Sandra Bullock, Julia Roberts, Tom Hanks, Brad Pitt, Tom Cruise, and Leonardo DiCaprio, just to name a few. These celebrities starred in blockbuster films like Forrest

Gump, Fight Club, Mission: Impossible, and Titanic.

The movie theater was not the only place you could get your celebrity fix, because there were plenty famous television personalities as well. With shows like 7th Heaven, Boy Meets World, Fresh Prince of Bel-Air, and Baywatch, featuring stars like Jessica Biel, Pamela Anderson, Will Smith, and Ben



Savage. Most of the influential super stars of the 90's weren't even actors; they were the creators of the songs we couldn't get out of our head.

There is one line that virtually dominated the 20th century: "Hit me baby one more time." We all remember Britney Spears, not to mention Christina Aguilera, the Backstreet Boys, NSync, and 98 Degrees. These were the songs our older siblings couldn't take out of

Re-cap of the

By Alex Bolaños

As you all know, current students at NHS want to know the big news from then? This might freshen you up.

1990

- The Gulf War began and the US sent troops to the Middle East.
- Romania finally held the first free elections.
- The spotted owl, located in the Pacific Northwest, was listed as an endangered species.
- The Simpsons first aired on Fox and became a hit.

1991

- The Soviet Union in Russia is no more.
- Biosphere 2 was launched in the Santa Rita Experimental Station.
- Jeffery Dahmer was arrested and convicted for the murder of 17 people.
- The World Wide Web becomes available to the public.

1992

- Outrageous riots break out in Los Angeles during the 1992 Summer Olympics.
- Hurricane Andrew struck Florida causing \$27 billion in damage.
- For the first time in World Series history, the home team won.
- Dr. Mae C. Jemison becomes the first African American woman in space.

1993

- Terrorists drove a car bomb under the World Trade Center, killing five people.
- Women were now given combat roles in the military.
- Michael Jordan retired from the NBA.
- The original Power Rangers were brought back.

1994

- The civil war in Rwanda, Africa began.
- The existence of black holes in space was confirmed.
- O.J. Simpson was arrested for killing his ex-wife. The fact that the hand did not fit the glove.
- Nirvana's lead singer Kurt Cobain committed suicide.

1995

- The US rescues Mexico's economy with a loan.
- President Bill Clinton confirms the fact that he had an affair with Monica Lewinsky.
- The cunning, smooth talking, James Bond movie GoldenEye is released.
- Windows 95 is released.

1996

- Britain is alarmed with the outbreak of BSE (mad cow disease).
- The FBI arrested the infamous Unabomber.
- The N64 was released.
- Dr. Ian Wilmut and his team clone a sheep.

1997

- England gave back Hong Kong to China.
- Thirty-nine "Heaven's Gate" cult members sent up to a spaceship after comet Hale-Bopp.
- Everyone's favorite wizard, Harry Potter, is introduced.
- The famous kid's show Pokémon was introduced.

1998

- India sets off three nuclear tests despite international pressure.
- Pakistan replies to India's tests with a nuclear test.
- Bob Barker, host of The Price Is Right, dies.
- President Bill Clinton denies his affair with Monica Lewinsky but later confesses to have done it, making his approval reach an all-time high.

1999

- Eric Harris and Dylan Klebold shot up a high school in Littleton, Colorado.
- The Euro was created and released.
- The world got the Y2K bug and feared the end of the world.
- Woodstock '99 took place in New York and was the largest music festival in history.

of the 90's

The good old times

ere born in the 1990's, but do you still remember the
ur memory:

half a million soldiers to Saudi Arabia.
tions after 53 years.
Northwest was added to the endangered species list.
ecame an instant hit.

Catalina Mountains in Arizona.
victed for having murdered at least 17 young men,
ole.

eles for the beating of Rodney King.
ing 15 deaths and left 250,000 people homeless.
ry, they took the games north to Toronto, Canada.
African-American female astronaut.

World Trade Center in New York and killed at least

in the US military.
only to return seventeen months later.
ght to the TV scene.

and ended with about 500,000 people being killed.
was proven by the Hubble telescope.
his wife and friend, but was later released due to the

mitted suicide at age 27.

th the twenty billion dollar aid program.
t that there is, indeed, an Area 51.
ond returns to cinemas.

f "mad cow" disease.
mber for setting off 16 explosions.

leep named Dolly.

na.
mbers committed suicide thinking that they would be
e Bopp would pass by.
ter was published.
first aired.

e worldwide disapproval.
five nuke answer.
ght, celebrates his 5,000th

r with Monica Lewinsky
aking his public approval

p Columbine High School

l the end of the world was to be in the year 2000.
d lasted three days.



How television was defined

By Czarina Nafarrate

Ah, television; a sanctuary in which we used to submerge ourselves, episode after episode. But, nowadays what are kids indulging in? Rich girls fighting about who flirted with who, skateboarders being dumb on national TV, and lonely "celebrities" looking for love (obviously in the wrong place). As our homework load increases, the quality of television deteriorates. Whatever happened to the good ol' days?!

Even cartoons in the 90's were incredibly better. How could you not like *Hey Arnold!* or *Doug*? Those kids were the kind of friends we wanted, especially cool-kid Gerald, or wacky Skeeter! Aside from having great relatable characters, these shows had some kind of moral. Remember *AHH! Real Monsters!* or *Rocko's Modern Life*? Full of slapstick comedy and bug-eyed animation, these cartoons could entertain us for hours. Whether we were rooting for Helga to profess her love, or laughing at Krumm's disgusting scare tactics, time in front of the TV seemed worthwhile.

Before being a witch, Melissa Joan Hart played Clarissa; a girl explaining the horrors of being an adolescent (well, trying to anyway). *Clarissa Explains*

it All was one of the first shows to appeal to pre-teen audiences of both genders. She was loveable, funny, and well, ordinary.

"Who loves orange soda?" If you don't know what the response SHOULD be, then you missed out on Kenan & Kel: two kids who were always up to no good. Always in trouble, this comic duo never seemed to run out of wild ideas to try out and we just loved to watch.

Back in our day, Pluto WAS a planet and MTV actually played music. Even the art of music videos has been broken by the new generation. Now if we're lucky enough to see a music video (in between catfights and excited bachelor idiots), it will probably be filled with girls in bathing suits "dancing" and constant shots of expensive cars and hard liquor and if not it may be deemed unworthy by Kanye West.

Whether it was as random as *Kablam!* or spine tingling like *Are You Afraid of the Dark?*, one thing is for sure: our youth was one with quality TV. I guess, nowadays, we're so swamped with homework, projects, and outside tests, we'll tolerate anything.

Things change; for the best or for the worse

By Susana Valenzuela

"As if," totally 90's thing, don't you think? Nowadays the phrases, "lol, brb, omg," and so on are the cool slang. But let's remember the good old days, where grunge music blasted from huge shoulder stereos, Nintendo 64's and mom jeans were the way to go.

Yes we say, "Those 90's; cheesy scenarios and those cheesy lines" but come on you know you miss *The Rugrats*, *The Fresh Prince of Bel-Air* and the original sitcoms like *Friends* and *Full House*. The quality of the 90's is unforgettable. Today, iPods and laptops consume our lives. We can't go anywhere without them. But you won't see someone carrying a CD player without another person making some lame comment like "They still make those?" Wait, do they still make those?

At least the fashion seems to be coming back. The bright accessories, leggings and headbands are making their way back into the lives of all you 90's folk, and are apparently a huge hit. Also returning are the bands those punk rock tunes and mellow jams people enjoy for a good joy ride around town. And how can we forget the ever famous "Barbie Girl," by Aqua. Is that a catchy tune or what?

Hit movies such as *Titanic* will always make you cry, but that one can just stay in the past. One movie that will always have a good reaction, no matter how many times you've seen it is the ever famous, 1999, "American Pie." Is that not a great movie? The answer is yes.

One thing the 90's seemed to fail at, technology. Cell phones looked like bricks and weighed a ton. Now you see little tiny ear pieces you can talk through and listen through as well. It's good to know we live in a world of cell phones, high speed internet, nice, fancy computers, and not the gunk our parents used. It's now easier to hide your phones in your pockets, and you won't get caught in class with a CD player because your iPod simply fits in the palm of your hand. Life is good, wouldn't you agree? Thought so.



Memories of the good 90's

By Alex Bolaños

Who doesn't wish high school was as easy as kindergarten? Back when the biggest lessons were the ABC's, sharing, and of course, keeping your hands to yourself. Remember when referrals didn't exist and all you had to do was say you're sorry? Take a moment to remember the days you first learned to count to 20, read books that rhymed, and still had to hold an adult's hand when crossing the street. Good times, good times.

Brenda German
Freshman

I didn't know my best friend here in high school, was my best friend since kindergarten because she had moved away and I never saw her again. We met again in middle school and became friends again then she mentioned we were BFFs in kinder and I didn't remember.

Iliana Romero
Sophomore

We used to play a game called lobo. There was a big tree at A. J. Mitchell and the teacher would stand behind it and the students would run away.

Jorge Noriega
Senior

I remember I was making dog noises and Mr.



Velasquez got mad at me for making those noises.

Paloma Mayer
Sophomore

Once I had this hello kitty stapler and I was pretending to staple myself because there wasn't any staples inside and then I gave it to my friend with staples in it and she was going to do what I was doing but stapled herself.

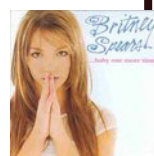
Rene Salido and Adrean Ornelas
Seniors

In elementary 1st grade, Adrean had told me one day that he liked me and if I wanted to be his girlfriend but I told him he was disgusting and that I didn't like his curls. Then he tried to kiss me but I threw his Pb&J at his face and he pushed me to the ground and we said we would never talk to each other again. Now we're both seniors and we are best friends!

Top 90's Hit Songs

By I <3 Warcry

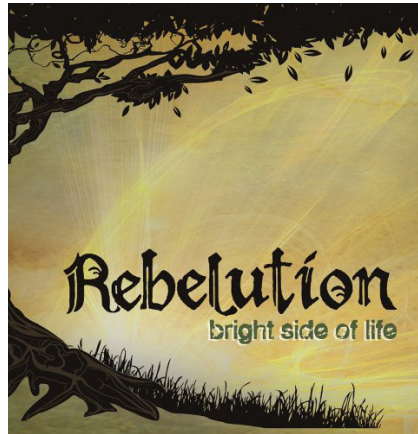
- 1990- Sinead O'Connor - "Nothing Compares 2 U"
- 1991- R.E.M. - "Losing My Religion"
- 1992- Nirvana - "Smells Like Teen Spirit"
- 1993- Proclaimers - "I'm Gonna Be (500 Miles)"
- 1994- Sheryl Crow - "All I Wanna Do"
- 1995- Alanis Morissette - "You Oughta Know"
- 1996- Everything But the Girl - "Missing"
- 1997- Smash Mouth - "Walking On the Sun"
- 1998- Madonna - "Ray Of Light"
- 1999- Britney Spears - "...Baby One More Time"



Bright Side of Life

By Ryan Thomson

Mixing smooth reggae beats and intense, heavy lyrics, *Rebellion* is quickly becoming a well-known name in the music scene. Their newest album, "Bright Side of Life," was released on August 4, 2009. This record brings their musical reputation to new heights. Songs like "Too Rude" and "Bright Side of Life"



highlight the album, with fun lyrics and addictive guitar riffs, while "Dubzilla" is a calming instrumental thick with the groove of reggae. This disc showed a more mature side of *Rebellion*, and also displayed some new styles they're trying.

Hailing from Santa Barbara, *Rebellion* is a four-piece group notorious for their amazing live performances and eco-driven lyrics. They have been playing for about three years and every new release gives something new to love about *Rebellion*. The band is touring all across the U.S. playing multiple shows from coast to coast.

“What sets this band apart is the unique playing styles and love of their fans. They are one of my favorite bands and can't wait to see them again,” said NHS sophomore Eric Vohland.

Brighter Side of Life is an amazing album which shows what a powerhouse *Rebellion* is in the world of new music.

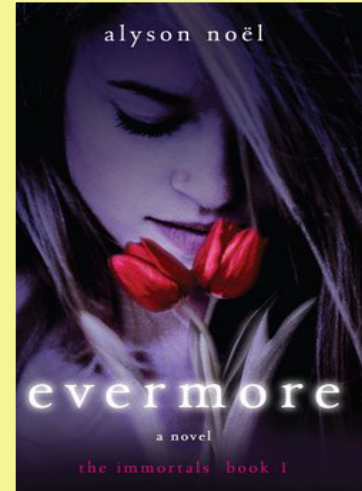
Twilight, nevermore

By Stephanie Borboa

Let's get over vampire love stories for once and go back to where it all started: the undead. *Evermore* is the first novel of the immortal series from author Alison Noel. These are not the kind of immortals most of you are familiar with. An immortal is a person who can never die. They are just souls lingering through time, not vampires, nor zombies, but immortals.

This is a story about Ever, a Californian girl, who falls deeply in love with a stranger named Damen. She knows there is something strange about him, but when he let's her know he loves her, it's their feelings for each other that really matters. As time goes by, she discovers the truth about this strange boy's past and herself.

Alison Noel did a great job writing this love story but it is very predictable. You would get the idea that you're reading one of the *Twilight* books because of the likeliness of Ever with Edward *Evermore* has a sequel as well, *Blue Moon*, and a few other ones coming out next year. These novels are recommended to teens that like fantasy and love stories with a twist.



Meet the new immortals

Fall Frenzy 2009: The concert of the year

By Ryan Thomson

The air was hot and heavy. The crowd was rowdy and growing by the minute. The water was 3 dollars a bottle and the music was a constant barrage of positive vibes and good feelings. Fall Frenzy 09 was the musical gathering of a lifetime for fans of bands like *Slightly Stoopid*, *Pepper*, *Fall Out Boy*, and even the wildly anticipated reunion of *Blink-182*, touring for the first time after 6 years.

The complete lineup was *Authority Zero*, *Asher Roth*, *Anberlin*, *Pepper*, *Slightly Stoopid*, *Fall Out Boy*, and the infamous *Blink-182*. *Authority Zero* was the first band up, and then *Asher Roth* performed after.

Pepper was up third and put on one of the best shows at the concert. They killed with their army themed set, getting nearly every person in the crowd involved in their show. Next up was *Slightly Stoopid*, who were a defining moment in the show, and got everyone down to the main stage. *Fall Out Boy* was up next, and although I'm not a huge fan, they did put on quite a show. Almost everyone knew every word to their songs, and the utter love for that band was shown in multitudes of people pumping their fists. After *FOB*, there was only one act, and it was what everyone had been waiting for.

For those who don't know, *Blink-182* was inactive for about six years before a plane crash injured their drummer, Travis Barker, and killed two of their friends. The crowd swelled to over 18,000 people, all there to see one of the greatest punk bands ever perform on stage again, and it was beautiful. Playing their classics like "What's My Age Again" and "Anthem Part 2," *Blink* was by far the best show all day. Everyone sang in unison to the songs that they have loved all their lives. It was easily the best concert experience I have ever had.

When it was all over, trash littered the floor, the traffic was backed up for miles, and Mil Av was packed, but every minute of the crowded environment was worth it to see so many greats playing at once concert. It was an unforgettable day, and one that no one at that concert will ever forget.



Blink-182 takes the show

Name that tune

By Evelyn Casas



1. Lets paint the town, we'll shut it down, lets burn the roof ,and then we'll do it again.
2. I never thought I'd be in love like this, when I look at you my mind goes on a trip, then you came in and knocked me an my face, feel like I'm in a race but I've already won first place.
3. I lost my fake ID, but you lost the motel key, spare me your freaking dirty looks, now don't blame me.
4. I was hanging in the corner with my five best friends, I thought that you were trouble, but I couldn't resist.
5. I've been roaming around always looking down at all I see painted faces, fill the places I cant reach.
6. I never meant to start a war you know I never wanna hurt you don't even know what we are fighting for.
7. So baby don't worry, you are my only. You wont be lonely even if the sky if falling down.
8. So I'm gonna go somewhere closer to get me a lover and tell you about it.
9. My pocket started tickle-ing the way she dropped it low that thang, got me wanna spend my money on her .
- 10.you are on the phone with your girlfriend, she's upset, she's going off about something that you said.

Make a sad song better

By Czarina Nafarrate

"They've been going in and out of style, but they've guaranteed to raise a smile. So may I introduce to you, the act you've known for all these years..." The Beatles: Rockband is finally here! This new edition of the video game pays tribute to one of the most influential musical groups in history. The music that once topped charts is now available for younger generations to enjoy and play along with.

Story mode takes you through the various stages The Beatles once performed on, such as the Cavern Club and The Ed Sullivan Show. Opening with easy songs, like "Eight Days a Week", and concluding with songs like "Helter Skelter", the game challenges players in almost every aspect; whether it be playing the drums or singing. Up to three microphones can be utilized and all three singers must be in harmony in order to score some points and avoid failure.

This game is a fusion of timeless musical genius and remarkable animation. The introduction alone is a work of art, depicting what the game is and who the Beatles were. John, Paul, George, and Ringo are skillfully animated: the look-alike characters are incredibly realistic and display many of the real Beatles' mannerisms. The background music videos are outstanding and capture the songs' concepts. They are imaginative and colorful; a true work of art.

With 45 songs to choose from, the player is submerged in a sea of incredible music; each song harder than the one before. The guitar portions are fast, the drumming is complex, and the singing has to be just right, but in the end you don't care about the points. The satisfaction of singing along to a Beatles' song is enough to keep you going.

This game will keep any Beatles fan craving a The Beatles: Rockband 2. Forty-five songs just aren't enough! I was a bit disappointed to see "Hey Jude" or "Blackbird" missing from the song list.

Although, my singing was a bit off and my guitar skills weren't top-notch, I had a blast playing this edition of Rockband. It was an exceptional improvement in music video games and I'm sure non-Beatles fans will enjoy it as well. It definitely deserves an A-

Released September 9th, The Beatles: Rockband is available for all game consoles and is compatible with most video game instruments.

This is madness... No this is Gamer!

By Pete Vela

Gamer is a high concept action thriller set in the near future when gaming and entertainment have evolved into a terrifying new hybrid. Humans control other humans in mass scale, multiplayer online games. Mind-control technology is widespread, and at the heart of the controversial games is its creator, billionaire Ken Castle or more familiar known as Michael C. Hall. His latest brainchild the first person shooter game "Slayers" allows millions to act out their most savage fantasies online in front of a global audience, using real prisoners as avatars.

Kable, or Gerard Butler, as most of the world knows him, is the superstar and the cult hero of the gruesome game "Slayers". Kable is controlled by Simon, a young gamer with rockstar status who continues to defy all odds by guiding Kable to victory each week. Taken from his family, imprisoned and forced to fight against his will, the modern day gladiator must live long enough to survive the game, escape, regain his identity and save the world from Castles ruthless technology!

The acting was practical although Gerard Butler did a fine job I don't believe this role was meant for him. Also the story seemed all too familiar perhaps because it was almost the exact story as "Death Race" where a prisoner is to fight in a series of Races to gain his freedom and see his family. Even though the story was predictable the special effects made up for the story as expected. Even though "Gamer" isn't for most audiences due to its extreme violence and sexual themes it still deserves two hours of every action flick fans time.



Gamer will have you on the edge of your seat
and sexual themes it still deserves two hours of

Anyone... Anyone?

By Ruth Portela

Save Ferris! Ferris Bueller seems to get away with everything, but not this time. This movie stars Matthew Broderick, who plays Bueller, the most popular and admired guy in school.

He decides to take a beautiful day off, skip classes, and fool his teachers and the dean of school. His girlfriend, best friend, and he skip school to explore the whole city and have the time of their lives. Faking his sickness, Ferris has to plan something to make everyone believe he is sick, but there is one person he won't be able to hide from.

Written and directed by John Hughes, this movie was a big hit when it came out and got nominated for the Gold Globe Award. It's a great movie to watch in any occasion, especially when there's nothing to do! Besides being one of those movies that makes you laugh like a little kid, there also is a lesson behind it. Bueller accomplishes ditching his classes, but suffers the consequences.

It shows that you may think it's the best day of your life but in reality, you can't escape the punishments. *Ferris Bueller's Day Off* is one of the best comedy movies of all times and doesn't have one boring minute in it.

TV Show Premieres

By Erika Dominguez

Looking for a new show to watch? Then, check out this years returning season list. Many shows will be premiering in September.

Past season Premieres:

- Vampire Diaries "pilot" September 10, 2009
- Jon and Kate Plus 8 September 14, 2009
- Gossip Girl September 14, 2009
- Prison Break September 17, 2009

Upcoming season Premieres:

- Smallville September 18, 2009
- House (2-hour Season Premiere) September 21, 2009
- Heroes "Redemption" September 21, 2009
- CSI NY September 23, 2009
- Grey's Anatomy (2- hour season premiere) September 24, 2009



Fall for this season's new shows

Darn My Luck!

By Jessica Gonzalez

The following stories are true and have been told by real Nogales High School students and teachers.

Humiliation rating: shocking, omg moment, never show my face again.

Flirtatious Pink

Story told by anonymous

As I was walking down the hallway, I see the guy I've had a crush on for two months. I turn my face towards my locker when he comes up to me and says "Hi, I've been wanting to ask you something and..." before he could finish his sentence, his friends come running up to me and nearly knock me down. As I gained my balance, I could feel an uncomfortable breeze on the lower half of my body. When I looked down, I could see my fluorescent pink underwear shining! I was pantsed. When I looked up everyone was pointing and laughing. All my crush could say was "Look, her underwear's pink!" DML.



Honk! Honk!

Story told by anonymous

I was getting down my car when my mom goes on a frantic mayhem. She was honking and yelling "Honey, you forgot to kiss me!" Everyone was laughing around me. I cried and ran. DML.



Teachers corner

Story told by "Ms. Piggy"

I was walking down to my classroom in my dress and high heels, when "boom," I hit the floor. I tried to get up, but couldn't. When I looked down, I saw that my heel was wedged tightly in the middle of a sidewalk crack. My students ran outside to see where the scream came from. They stood and laughed at me while I was asking for help. I was stuck on that side walk for five minutes. DML.



Fall concert schedule

By Alec Damiano

10/10/09:

Little Feat, Martini Ranch, Scottsdale

Mon Oct 12:

A Day to Remember, Rialto Theatre, Tucson

Children of Bodom, Marquee Theatre, Tempe

Tue Oct 13:

Daughtry, Marquee Theatre, Tempe

10/14/09:

BLK JKS with DJ Seduce, Modified, Phoenix

Thu Oct 15:

All That Remains, Marquee Theatre, Tempe

Sean Kingston, Venue of Scottsdale, Scottsdale

Fri Oct 16:

Wisn y Yandel, Jobing.com Arena, Glendale

Rodney Carrington, Dodge Theatre, Phoenix

Sat Oct 17:

Kool and the Gang/The Commodores, US Airways Center, Phoenix

Pinback, Marquee Theatre, Tempe

The Alternative Press Tour, Rialto Theatre, Tucson

Sun Oct 18:

Plain White T's, The Rock, Tucson

The AP Tour, Marquee Theatre, Tempe

Mon Oct 19:

KMFDM, Marquee Theatre, Tempe

Tue Oct 20:

U2, University of Phoenix Stadium, Phoenix

Black Eyed Peas, University of Phoenix Stadium, Glendale

Wed Oct 21:

The Pogues, Marquee Theatre, Tempe

Thu Oct 22:

Brand New, Mesa Amphitheatre, Mesa

Skillet, Celebrity Theatre, Phoenix

Fri Oct 23:

Engelbert Humperdinck, Celebrity Theatre, Phoenix

Sat Oct 24:

Arizona Opera, Phoenix Symphony Hall, Phoenix

10/25/09:

Rob Thomas, Tucson Music Hall, Tucson

Heart, Desert Diamond Casino, Tucson

Tue Oct 27:

Peaches, Marquee Theatre, Tempe

Wed Oct 28:

Tower of Power, Celebrity Theatre, Phoenix

Cobra Starship, Mesa Amphitheatre, Mesa

10/29/09:

Rob Zombie, Dodge Theatre, Phoenix

11/11/09:

Bishop Allen, Modified, Phoenix

Celtic Woman, Tucson Music Hall, Tucson

11/21/09

Ron White, Dodge Theatre, Phoenix

12/01/09

KISS: Alive 35, Jobing.com Arena, Glendale

12/05/09:

Breathe Carolina/Cash Cash, The Rock, Tucson

12/10/09

Sara Evans, Desert Diamond Casino, Tucson

12/20/09

Toby Mac's Winter Wonderland feat. Relient K, US Airways Center, Phoenix

Entertainment

Madden 2010 tackles a brand new game

By Pete Vela

It's the last few seconds of the game the scores 20-23 the Cardinals have made it to the Superbowl for the first time, the crowds roaring with excitement, sweats dripping down the players faces as tension continues to build and just as it seems that the cardinals have the game the Stealers strip it away from them!

Do you remember that moment? I do, I remember the dead silence as the stealers stole the game and took away the victory the cardinals could have had it was such a remarkable match. If you missed that moment and feel like you missed out on such an intense game you're in luck Madden 2010 is your replay button to Superbowl XLIII (43). Not only will you just sit and watch the game you'll live it!

Every year since 2001 Madden has released another football game, to some it's just a roster update but to real fans of the sport it's a whole new experience. This year Madden 2010 is redefining the way football is played on a gaming system with all new features such as the ability to completely customize every aspect of the game!

Madden 2010 is not for the usual gamer if you hate menus, and think half-time and post-game shows are ridiculous sessions of wasted time, well, you might just want to take your 60 dollars somewhere else. If you hardly ever play online or have a slow Internet connection and hate managing stop reading now and go buy last year's game instead. If you don't fit into either of those categories, then this will be the most satisfying experience in gaming you've ever had!

The all new Madden games glory rest within its online franchise mode, something fans of the game

have been begging for for years now. What you can expect from franchise mode is the ability to pick a team in the league and play up to 32 users who can compete head to head for 10 seasons while the computer takes control of teams not picked by anyone so you gain the full experience of an actual football season and play all the teams. The stats are tallied from week to week based on completed games, roster maneuvers, and other details of managing that way your team and players are up to date with stats. The offline mode is pretty much the same.

The visuals are incredible, anyone with a taste of perfection would agree. At the intro scene of every game you can see fans in the parking lot grilling burgers while Air force jets soar through the sky's during the Star Spangled Banner its absolutely breathtaking!

The game also features new Pro Tak gaming which allows you to gang tackle ball handlers and pull them away from sidelines, there is also a Fight for the Fumble mini-game which has you mashing on buttons to recover the ball. An interesting movement I noticed was the ability to fake out opponents by running across in one direction and then do a crossover into another. What I



Madden 2010 is going to hit you with its gameplay

also noticed was that the announcers fell silent during the end of tight games. I wasn't sure if that was a mistake or a part of the game allowing you to concentrate on play calling late in the fourth quarter, but it was welcome.

This brings me to the conclusion that Madden truly is a spectacular game perfect in every way. Madden NFL 2010 gave me hours and hours of fun without having to get up from the couch and actually do constructive stuff and that's what makes a great game!

Upcoming DVD

Releases

By Ryan Thomson

With So many great movies coming out in theaters, its only a matter of time until you can own them for yourself. For all those movie fans out there, rush down blockbuster and pick up these flicks before it closes.

October 6

Trick 'R Treat
Imagine That
The Brothers Bloom
Anvil! The Story of Anvil
My Life in Ruins
Summer Hours

October 13

Land of the Lost
The Proposal
Drag Me to Hell
Adoration

October 27

Land of the Lost
The Proposal
Drag Me to Hell
Adoration

November

Food, Inc.
40 is the New 20
Il Divo
Aliens in the Attic
Nothing Like the Holidays
Up
In the Loop
Thirst
My One and Only
The Limits of Control
Bruno
My Sister's Keeper
Wild Child
Star Trek
Angels & Demons
Four Christmases
Shorts



Cloudy with a Chance of Meatballs

Erika Dominguez

The funniest animated film of the year is based on the children's book written by Judy Barrett "Cloudy with a Chance of meatballs." This film is absolutely hilarious; it will have you falling out of your seat.

The main character, Flint Lockwood, has been an inventor ever since he was a kid. Most of his inventions have been failures. He has made spray-on shoes, a walking television, ratbirds, and a talking monkey. For some reason, the town of Swallow Falls has been forced to eat sardines, but of course nobody in town enjoys them. Flint tries to fix this by making a machine that converts water into food. His invention works. Any food that that the town asks for is given to them by the machine: hotdogs, pizzas, hamburgers anything.

Eventually, the machine overloads and the food starts to get bigger and bigger, causing the town and the world nothing but destruction and chaos. It is now up to Flint to save the town. Will he be able to save Swallow Halls?

The script is wonderful, and has clever jokes scattered throughout the film making it a terrific movie. I guarantee, it will be an exciting roller coaster ride the whole time.

This movie is recommended for all ages.



Games

A word of advice from Ali

Dear Ali,

My girlfriend broke up with me last week. Now she keeps telling me that she loves me and that she is really sorry, and feels very stupid for what she did. She didn't know what she was doing. What do you think that I should do?

- Confused and in Love

Dear Confused and in Love,

Being in love sometimes makes us do stupid things, or not realize when people hurt us. I think you should talk to her and keep being friends with her (without benefits) until you and she are both completely sure that you want to be together. If she doesn't immediately begin to show you she cares, then it is time to move on.

-Ali

Dear Ali,

My friend's boyfriend is very controlling. When I tell her, trying to warn her, she gets mad. What should I do to make her realize he is no good for her?

-Caring Best Friend

Dear Caring Best Friend,

It is sometimes hard to see a close friend or someone we love get hurt, but it is also hard to realize that people are hurting us (which is the case of your friend). You should try talking to her and get some friends to back you up. You and your friends should talk to her in a calm way so she doesn't feel like you guys are banging up on her. She needs to understand and realize you are just trying to help her not hurt her. If she continues not to listen then drop the topic for a while, let it cool down a little so your friend doesn't think you are just jealous.

-Ali

Dear Ali,

I have been having a problem with one of my teachers. She is constantly picking on me. This teacher blames me for other people failing her class when I am passing! What do you think I should do?

-Troubled Student

Dear Troubled Student,

Teachers can be a little obnoxious sometimes but so can students. If you are having trouble with one of them you should try talking to the teacher - maybe she doesn't even realize she is doing it. If the picking -continues then try talking to your counselor to change the teacher's class. Think about it carefully though, maybe you are passing their class but disrupting other kids from doing their work. In that case you are going to have to just try to stop disrupting class.

-Ali

If you have a question you want answered, drop them off at L2 and Ali will answer you.

Name That Tune answers

1. I gotta feeling-(Black Eyed Peas)
2. Knock you down-(Keri Hilson)
3. Waking up in Vegas-(Katy Perry)
4. Good girls gone bad-(Cobra Starship)
5. Use Somebody-(Kings of Leon)
6. Battlefield-(Jordin Sparks)
7. Down-(Jay Sean ft. Lil Wayne)
8. She wolf-(Shakira)
9. Fire burning-(Sean Kingston)
10. You belong with Me-(Taylor Swift)

Back to school word search

D A U O J A R T S O H J K T Q E V B F A R G P S N K B F S
M N P V Z M R O D Z A P W I A I X N V W T N Z U J M M O M
V P A A V R F V Z R L Z I R F H F U X B E I L J L V K O E
M T Q B C T T Z S P N D B C A P S W J L D D A V N S D T Y
V C K L B H Z C N Z S E V L A R L I G S T A V S P Q W B Z
G B T A D L E H F W G H P Z H L E Q L X J E Q P K Y W A J
D E L G Y E L S A L R L Q R A J P S T G B L S M O P J L G
C L O G J U Y I A M J Y K B I O L O G Y N R R M V K W L I
C I E M O L M N Q P E A Y W O K D C K S B E J P U H J Q X
L Q Z N E S U A Y R N E W J N X C C V D H E O Y M H N Z R
E W O O Z T M P W J L M J Z V C U E H K C H E M I S T R Y
Y N N W M N R S S L W D Z N E E G R X V A C I V S S O K F
N L H J X T B Y O C W A H P D C L G E D G Q Y N I R B O A
G M Y J A Y P V P G C Y L F Q F I T T C E W V T T X M R L
S R J V H D W Y I E Q N T L N P P J R V I J E U B F M P T
A T Y K O G M X U P Q R G Q O H T A C B Q A J Q W N J L H
W N N W A Q Q I R F A T W U T N L N P K X Z T P S S E M R
E G J A I J G U Y C A B K P Y W K J O U R L Q S S J J L B
L L A B E S A B K A L C J J R V J D L P D U V L T X W R E
M W T E Z B B T E V Y T L Q H Q E P C M V C J O Q Z C P B

ALGEBRA	FOOTBALL
APACHES	GEOMETRY
BAND	POMS
BASEBALL	SOCCER
BIOLOGY	SOFTBALL
CHEERLEADING	SPANISH
CHEMISTRY	TRACK
ENGLISH	VOLLEYBALL

Personal referral mad lib

By Pablo Valencia

Directions: Fill in the blanks before reading the paragraph. Once finished, allow hilarity to ensue.

_____ was being very _____ during class and _____ the other
(boy's name) (adjective) (verb -ed)
_____ with his _____. He also didn't tuck his _____ even after
(plural noun) (verb -ing) (noun)
being warned but instead he _____ on his _____. I expect him to be
(verb -ed) (thing)
_____ so that his behavior doesn't _____ again.
(verb -ed) (adverb) (verb)
Signed, _____
(teacher)

The behavior of _____ has not been _____ in the past few days. She
(girl's name) (adjective)
has been _____ her _____ and peers with her _____ actions.
(verb -ing) (plural noun) (adjective)
For example, today her _____ was too short and you saw way too much of
(clothing article)
her _____. Please make it clear that being a(n) _____ will not be
(body part) (noun)
acceptable in this school.
Thank you, _____
(teacher)

What do the stars hold for you?

By Karo Peraza

Aries (March 21-April 20):

The month of October is a bad month for you. Stay away from lawn gnomes, for they bring Aries bad luck. Also, if a random person on the street asks for your phone number, give it to them, or you will fail 4 of 6 classes.

Taurus (April 22-May 21):

Taurus, you're in for some luck this month. A swarm of bees will NOT attack you!

Gemini (May 22-June 21):

The lovely Gemini. The month of October brings you luck in the love department. It will be very easy for you to fall in love with the first thing you see when you wake up on your lucky days which are: October 26, 28, and 30. Careful what you look at on these days.

Cancer (June 22-July 22):

You're not important this month, so don't worry about your horoscope and continue what you are doing.

Leo (July 23-August 21): You are in desperate need of a companion. Let it be a friend, boyfriend/girlfriend, therapist, or a pet. So, make yourself available and keep your options open. You never know when a lizard might just become your best friend.

Virgo (August 22-September 23):

Ah! You are in luck, for your month is here lucky Virgo. Don't ask why you are lucky, nobody knows. Just think you're in luck and everything will have a good outcome.

Libra (September 24-October 23):

Libra, you shall soon find yourself smelling awful and feeling the need to be dirty. Watch out, people can be very honest, and someone close to you will tell you that you stink! Shower often and try to avoid this issue for you will not like it.

Scorpio (October 24- November 22):

Sorry, your horoscope is unavailable for this month due to no importance. Check again next month.

Sagittarius(November 23-December 22):

Sagittarius, sorry to say but, October is not looking too good for you. There's a possibility of losing school supplies to a pack of wild squirrels. Those furry creatures mean trouble.

Capricorn (December 23-January 20):

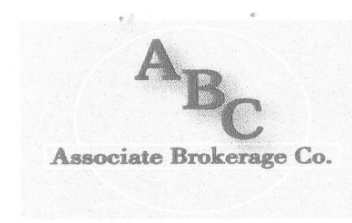
October is a great month for you Capricorn! This month will bring you happiness from every direction. Make sure to make the right decision in whatever you do, or your happiness could banish forever. Good luck.

Aquarius (January 21-February 19):

It's looking good for you as well Aquarius. This month, someone will you give you something for accomplishing something. Accomplish even the unnecessary and keep your head held high.

Pisces (February 20- March 20):

Pisces, stay away from desk lamps.



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Here is WarCry's "FAIL" of the Quarter. Can you catch the mistake?



Sports

Call us Dancers, not poms....

By Paulina Chavez

After being abandoned with no coach last year, the Nogales High School Dance Team has finally found one. Mrs. Rosa Abud, former Mary Welty physical education teacher, decided to take over the NHS Dance Team. Mrs.

Abud also came to Nogales High School to teach physical education classes. So far Mrs. Abud has liked teaching at a high school level but says that it is really different from elementary students.

"The reason it is so different is because with elementary students, they are actually excited about learning in PE, and in high school we have to try to just get them to move," said Abud.

When Mrs. Abud helped the dance team from last year before their competition, she got the opportunity to really get to know the girls and bond with them. She knew about all the rough times they were going through with coaches leaving them or not being able to get a coach at all.

This is her first year teaching a dance team at a high school level. She coached at middle school level for three years and has coached for basketball and volleyball as well. Abud believes this is a special team.

"I am amazed of the enthusiasm, dedication, and commitment in learning, growing, and becoming better dancers that these individuals have shown," said Abud.

She also believes that the girls have an unlimited ability to make a positive difference in the program. Some specific expectations she has for this team is learning individual responsibility and to learn how to take everything to the end and finish the year with the same spirit they started with. "Real dancers carry everything till' the end," said Abud.



Victory Running

By Lilia Moncada

Runners on you mark, get set... and BOOM! The shot is heard and the Nogales High School Apaches are off on a great start this cross country season.

How good are they? The boys are undefeated and the girls have three first place wins and one third.

"We have had outstanding races so far," said coach Gatica after the Sunnyside meet.

The girls as well as the guys went home victorious that day.

Recently the Apaches beat Douglas, Rincon and Bisbee in Douglas.

The first meet, two weeks ago, was against Buena and Sabino high schools. Although the Apaches didn't come out on top, many of the team's runners had their own personal victories. Instead of going for a place, runners race to improve their time, like Zahira Ximenez, who broke school record time for the three mile course. She also placed first for the girl's team.

"I've never broke nineteen before and when I did that day, I felt very proud of myself," said Zahira.

She is also the girls' team top runner.

With weekly afterschool workouts and unbreakable motivation, there is a lot to expect from this year's cross country team.

"We have never started out so tough before! This year's team has a lot of potential," said Gatica.



These undefeated Apaches can't be caught.
-Photo by Lilia Moncada

Chess team ready to win

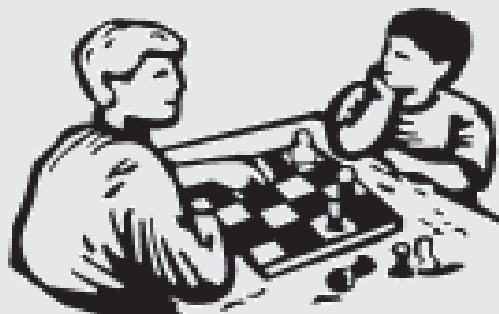
By Minerva Lope

Strategy and skills is what it takes to succeed in Nogales High School's Chess team. After taking it to nationals this past April, the team is back and ready to take its opponents on full force.

The first tournament was held on August 29 in the NHS cafeteria. The team went up against Desert View, Vale, and Catalina, winning 2 out of the 3 matches. Next tournament will be in held at Vale in October.

Though only the junior varsity team competes, the chess team offers anyone curious the opportunity to learn to play this strategic game.

Currently, the top players include Esteban Alvarez, Maiya Block, Martha Lucero, Marisol Luna, and David Gastelum. The best competitors will be challenging other chess players in the state competitions this coming November.



Cheers ready to do it again

By Lilia Moncada

Who brings the spirit to football games? That's right, the Nogales High School cheerleading squad! They have been giving it their best this football season. Their unstoppable cheers have filled the NHS stadium with excitement at every home game.

The talent shown at games is achieved through the practices the cheerleaders have every Monday through Wednesday. During practice, cheerleaders work on competition routines, game cheers, and perfecting their stunts. Practices last up to two hours but as they get closer to competition dates the practices will increase and get longer. Their first competition is coming up soon on November 14. It is the AIA regionals that will determine whether they go to AIA state.

The NHS cheerleading coach is coach Hernandez, otherwise known as Shortcake. She pushes these girls to do their best at games and practices. Hard workouts may build a lot of stress in these girls but when game time arrives they are ready for anything.

"We are out there at all of our team's games and events trying to push them to do their best while at the same time we're trying to push ourselves to the best of our abilities," said cheerleader Isabella Maytorena.

Isabella, a sophomore, has been in cheerleading since her sixth grade year and believes that every girls' core has a lot to do with the sport because its mainly what they use the most.

"We have a saying for weight lifting we use: athletes lift weights, cheerleaders lift athletes," she said.

Whether a cheerleader is JV or varsity, they all come together in practice, helping each other out. Even though the teams have their own practices they are still united by one thing – the skill. There is no priority. Everyone helps out in everything, especially fundraising. The cheers have been setting up small fundraisers at games by sponsoring the concession stand. They are also getting ready for one major fundraiser – the Extravaganza. It is a cheerleading festival that takes place in November at NHS. Go watch and support our school's cheers!!

The Great Sports Drink Debate

By Jessica Gonzalez

Gatorade or Water? Propel or Powerade? Which ones better? Those are the questions that pop in athletes minds when it's time for the big game and their quenched. Here is a few facts you may need to know on picking which ones better for yourself and which drinks to stay away from.

Water:

The natural and classic choice is water. It hydrates better than any other liquid around. Water tends to be less expensive and it is easier to find such as in markets and water fountains. You need to drink water every 15 – 20 minutes. Most people think water has a bland taste. The player usually gets tired of it and stops drinking before he/she is fully hydrated. Water is the best and healthiest choice but also the most flavorless.

Sports Drinks:

Sports drinks are not better than water nutrient wise but you may drink larger amounts because the taste keeps you lusting for more. Therefore, staying hydrated throughout the game. Carbohydrate will slow down the absorption of water and give you a energy boost. It also fills your body with the nutrients that you lose when you sweat. The wonderful array of colors and flavors really will give you a selection on which flavor you like better.

Juices:

Juice maybe high on nutrient and protein but it is not the best choice when it comes to hydration. The sugar and fruit, reduces the water it absorbs so you don't get hydrated very quickly. Juice has carbohydrates, vitamins, minerals, and electrolytes, but when it comes right to it, it isn't the best thirst quencher around. In conclusion, drink water for maximum hydration but don't be scared to mix it up because you will drink more of what you like. So as long as you drink the amounts needed to stay hydrated there really isn't a right or wrong. Stay hydrated Apaches!

Sports

Featured Apache Athlete of the month

By Stephanie Borboa

Bet you can't solve this riddle. Who was the athlete who scored two touchdowns, made two interceptions, AND scored the winning Touchdown his junior year? Give up? Well it's none other than our very own Kevin Rosas.

"That was one of the greatest moments my junior year!" said Rosas.

Kevin is now a senior here at Nogales High School and starting out with the new football season of his last year. He plays several positions like wide receiver, running back, safety, and corner back. Pretty exhausting huh? He can do it all! But his main position is running back.

Ever since he was 7 years old, he began playing football at a Pop Warner League in Sahuarita. He followed his dream so far, from middle school and through his high school years.

"I plan to keep playing for college and as a career," Rosas said.

He is looking to and planning to apply for universities like NAU and UNLV.

Luckily, Kevin hasn't had any major injuries to keep him from playing his sport, except this year he pulled a hamstring and ankle. Nothing big thankfully so, he is practicing hard to have a good season. He also hopes to win the championship along with his teammates.

"I'm looking forward to making it to playoffs this year," Kevin said.



Kevin Rosas is also one of the winners for the Senior Homecoming Royalty (see story, pg. 7)
-photo by Fanny Borboa

Pass, set, spike and block

Spike! Volleyball season is back! The lady Apaches started out their season with a scrimmage against Patagonia on the 29th of August. The girls did an outstanding job playing against Patagonia and worked together as a team. The first game for the lady Apaches was held on September 1 in Douglas. The Freshman team and Junior Varsity team crushed Douglas each in 3 sets while Varsity was very close to winning the last set at 22 to 25.

The Rio Rico Hawks came to NHS to play against the lady apaches on September 8 which varsity lost 2 of 3 games. The Varsity team is at 1-8 so far but is starting to improve as shown in the tournament that was held at Flowing Wells on September 19.

The Lady Apaches came in 4th place in that tournament and but didn't do as well at Catalina on September 25th and 26th.

Still, they are showing a great improvement in the Volleyball program and need your support for the upcoming games!



ATHLETE OF THE MONTH

Sponsored by: Dani Sanchez - Ley

Olivia Valencia

for
VARSITY VOLLEYBALL



Olivia Valencia

- **Grade: Senior**
- **Weight: 175lb**
- **Height: 5'11"**
- **Position: Middle blocker**
- **Favorite Moment: "when I blocked at a game against Rio rico," said Valencia**

Josue Rosas

for
CROSS-COUNTRY



Josue Rosas

- **Grade: 10th**
- **Weight: 125lb**
- **Height: 5'9"**
- **Position: Runner**
- **Favorite Moment: "when I won a medal at State," Said Rosas**

New Coaches

By Norma Suarez and Erika German

A new year, a new volleyball season, and new coaches equal the new and improved Nogales Volleyball Team. The girls are off to a great start with three new coaches.

Tracy Wunderlich and Doug Odum are a welcome addition to the Nogales High School Volleyball Program. The coaches are hoping to bring out the best in the players and they want to give them an experience that they've never had before in the program.

"We as coaches feel lucky to have the opportunity to build a new volleyball program. We're looking forward to obstacles and great challenges that we'll do our best to overcome," said the Junior Varsity Coach.

"We are all excited to coach a new volleyball program at a different school. I look forward to coach these great athletes," said Varsity Coach Wunderlich.

Wunderlich coached at Marana High School and is now a P.E teacher at Mary Welty. Coach Odum, a new NHS biology teacher, is the Freshmen coach and will be a coach for Girls Basketball as well.

Clubbing Anyone ?

By Victoria Flores

Birdie, bogey, par. Not a part of your everyday language is it? It is for the 2009-10 Nogales High School golf team!

Mr. Jimenez, the NHS golf team coach finished try-outs the last week of August. Most of the team are returning players from past years. Players such as Adriel Arana, Jonathon 'JJ' Olmos, and Adan Lopez. There are new faces on board as well like, Francisco Sainz, Marcos Sesteaga and German Guayante.

Their first beginning match against Santa Rita and Sahuarita was rained out on Wednesday September 2. Nevertheless, their first game was held on September 9 against Cienega and unfortunately lost 182-169 but won their most recent match against Desert View with a result of 180-228.

"Golf isn't just hitting a ball with a stick, there's a lot more to it," said Sam Wagner, an NHS golf team

player. The team's hours of hard work and commitment were worth it after their glorious victory, winning 1st place with a score of 696, at the Nogales Invitational on the weekend of September 18.

Practices are held at either Rio Rico Golf Resort or Kino Springs Golf Resort. "We want to make it to state," said Mr. Jimenez. That may explain why their practices are far from Nogales and are two hours long. All of those hours of blood, sweat, and swings are well worth it at the end after swinging their hearts out.

Golf isn't your typical sport. The team consists of 8 players, it's every man by himself and the less hits the better. Not to mention you don't have to run laps. Who knew?



Common Sports Injuries

By Evelyn Casas

The most common injuries in football are the knee and ankle, but there are many more. There's lots of ways to prevent those injuries.

A simple knee or ankle damage can be solved with just a few days to recover. Rest is a thing that the knee and ankle need get better.

A head injury is the most dangerous one, the symptoms for this are: passing out, confusion, vomiting, dizziness, and an unstable walk. If this happens it does require hospital for treatment. Another that require hospital for remedy is a broken bone, this need a cast for protection.

The other frequent injuries that don't need that much of attention are bruises, sprains, and strains. Dehydration and sunburn can be called injuries too, to prevent this you need lots of water and a sun block. Football injuries are common in High School football players, but if they hydrate and play correctly they don't have a reason to get injured.

Apache Football

Close games show Apaches have promise

By Paulina Chavez

After some close calls, the Apaches showed up to win on Oct. 2, beating Flowing Wells 44-0.

The beginning of the season started off strong as well, when Nogales almost beat State Champion Sunnyside. Due to bad weather, the Friday night opener was postponed until the next morning.

Despite the unbearable heat, the athletes still played their hearts out. The game ended, unfortunately, with the Apaches losing. The final score was Nogales 19, Sunnyside 22. Steve Solis, runningback and wide-receiver, scored two of the touchdowns and Robert Villegas, wide-receiver, scored the other.

"The whole team did very good, but obviously the other team scored more. At times we looked better against the 'power house team'," said Coach Villannucci.

The outside linebacker, Andy Bachelier, thought that the game went good but ended in a bad way.

"I think everyone played well, especially Isaac Vega. The

rest of the season looks good; we just need to take it game by game and week by week," said Bachelier.

David Yubeta, the offensive linesmen, is dedicated to the team and also thinks they are playing better and better. He thinks that they need to work on more things like pass blocking and blocking the run.

"The season overall looks good but we need to keep working hard and stay focused. I'm glad I am playing with my friends and I want to thank the coaching staff, OJ, Villannucci and Bunnel. I love you Nuch!" stated Yubeta.

Nuch and the football team were excited about playing Douglas Friday September 11, 2009. Sadly, the Apaches were unable to overcome a deficit. Apaches came short by one touchdown over the Douglas Bulldogs losing 20-27.

"The team still remains hopeful," said Juan Chavez offensive linesmen, as the team continues to work hard during practice.



Their most disappointing game was against CDO. The Apaches trailed early on and could never get the ball rolling. They ended up losing to CDO 13-56.

Tonight is homecoming and Nogales is looking to continue their aggressive play when they meet up with Sahuaro in Apache Stadium. Don't miss this Homecoming Event.

Apaches enjoy a rare daytime game when they faced Sunnyside. NHS lost 19-22.

-Photos by Ryan Thomson



Greatest Quarterbacks in the NFL

By Ruth Portela

"Blue forty-two, set hike!" These are the most common words you would hear Dan Marino, John Elway, or Brett Favre during a football game. According to research, they make part of the top five greatest quarterbacks of all time.

Dan Marino, from the Miami Dolphins, gets the first place in this list for the reason of being one of the greatest passers. Some of his accomplishments include 420 touchdown passes, 61,361 passing yards, and 4,967 pass completions. He established 20 NFL records and there is no sign of defeat ahead of him.

In second place is Broncos **John Elway** with 51,475 passing yards, 7250 attempts, 4123 completions and 334 touchdowns.

After him is **Brett Favre** with 9280 passing attempts, 5720 completions, 65127 passing yards and 464 touchdowns. When he was "the best" he played with Green Bay, one year with the New York Jets and this year he has joined the Minnesota Vikings.

Completing 3839 of 5960 passes for 45628 yards, a total of 333 touchdowns and has the passer rank of 94.7 percent is Indianapolis Colts', **Peyton Manning** in fourth place.

Last but not least, the one and only San Francisco 49ers, **Joe Montana** received number five on the list and ranking fourth in career passing yardage with 4055 yards, 5391 attempts, 3409 completions, 273 touchdowns and 92.3 percent ranked second all-time.

There is nothing like a touchdown movie

By Tathyanna Ruedaflores

Touchdown! Get in the spirit of Homecoming season. Here are the top five football movies that will get you up and cheering on the stands for our Apaches.

1. Remember the Titans (2000) - Denzel Washington, a new African American coach, leads the newly integrated Virginia High School football team to victory. He and the Titans teach the community how to accept each others differences, live and play in harmony, discarding the color of their skin.

2. The Longest Yard (1974) - This movie stars Burt Reynolds as an ex-football player who has become a convict. His cell warden asks him to put together a team with the prisoners. His biggest struggle is choosing between losing the respect of his inmates or the game. Adam Sandler remade this comedy in 2004.

3. Friday Night Lights (2004) - This movie shows the obsession with high school football in West Texas town. The high school football players are looked upon as gods. This movie shows the extreme expectations of family, classmates, and society failing to remember that these players are still kids.

4. Rudy (1993) - This movie is based on the true story of Rudy Ruettiger. This boy only dreamed of playing football at Notre Dame, but no one believes he could accomplish it. This very inspirational movie teaches that you need to persevere and go after anything you set your mind to.

5. Little Giants (1994) - This comedy is starred in by Ed O'Neil who plays Kevin O'Shea, a football hero in his hometown. Rick Moranis plays his brother Danny, a reject who has always lived under his brother's shadow. When Danny's daughter does not make it into her uncle's football team, Danny makes a team of his own *The Little Giants*. When their championship is played the little giants and Danny defy everyone's expectations by beating Kevin O'Shea and there is a new hero in this small town.

An idiot's guide to football

By Paulina Chavez

Felling a little left out at football games? Well you're probably not the only one. Here are a few pointers on what football really is.

To start off there are four quarters that each last twelve minutes long. In total that's 48 minutes, but with penalties and timeouts it lasts about two hours or so. Three are supposed to be only eleven guys on the field when doing a play. Football is split into two categories, offense and defense. Offense is when Nogales high school has the ball. On the other hand, defense is the total opposite. It is when NHS is trying to recover the ball. Yet again offense and defense aren't the only positions, but here are the rest:

- Center- player that hikes the ball to the quarterback
- Quarterback- usually throws or feeds the ball to the wide receiver or running back
- Wide receiver- two or more guys who go out to receive the pass.
- Running back-is the guy who stands behind the quarter back to run through the middle or anywhere outside.
- Linebacker- normally goes after the running back or quarterback when the other team hikes the ball.
- Linesmen- guys who line up where everything is supposed to start.
- Fullback- blocks for the running back and is in the back of the field with the quarterback on the offense.
- Tight end- goes out for passes or blocks
- Safety- takes care of any passes

It may seem a bit difficult, but you'll get the hang of it.

NHS Homecoming 2009